

PINE LAKE EC DEPARTMENT NEWSLETTER

The Newsletter for the EC and 504 News and Updates



A NOTE FROM THE DIRECTOR

LUKE RUGGIERI

Welcome to the first edition of the Pine Lake Prep EC Department Newsletter! We are excited to launch this platform and to share EC updates and resources that are relevant to our students with special needs. We are going to be compiling this information with the intent of producing a quarterly newsletter that brings all of this data to you. We hope that you can use the information we provide and possibly share it with other families of students with special needs who may also benefit from it. You will notice hyperlinks to several articles and resources within this newsletter, please explore those, there are some great resources here. If you have any suggestions on resources for our next edition, please send them to me and I will share them en masse. In addition to the informational updates/resources, we are also going to share the highlights of the great things that are taking place in our EC classrooms! We have some great programs that continue to grow at PLP and we want to share that journey with you too. Our EC teachers and related service providers are doing great things! I am excited to get this project off the ground and I look forward to sharing great resources and news with you all. We will do our best to bring you the most up to date and helpful information we can. I want to thank Kim Eroh, LS EC teacher and AU Team Leader for her dedication and vision with this project. Thanks for all your support. We hope you enjoy the first edition.

Helpful Resources
(Click Links for more
information):

[ECAC](#)

[DPI NEWSLETTERS](#)

[AUTISM SOCIETY OF NC](#)

[SPECIAL OLYMPICS](#)

[COVID RESOURCES FOR
EC FAMILIES](#)

[INNOVATIONS WAIVER](#)

[RESPITE CARE](#)

[ARCHIVED PLP EC
NEWSLETTERS](#)

COMMUNITY SPOTLIGHT: EXCEPTIONAL CHILDREN'S ASSISTANCE CENTER (ECAC)

"We help parents navigate the special education system, know their rights, and use their voice. We provide information, support, training and resources to assist families caring for children with special needs from birth to age 26. We also support young adults with disabilities in becoming self-advocates and leaders and the educators and professionals who serve them."

Visit their website for more information:

<https://www.ecac-parentcenter.org/>



How they can help:

- 1:1 Assistance to parents, families, self-advocates
- Workshops and trainings for family members and youth
- Family leadership development
- Youth leadership

PLP AUTISM TEAM

WRITTEN BY KIM EROH

In 2019, the Pine Lake Preparatory Autism Team was developed to support ongoing professional development for our staff, in an effort to better support our students with Autism. Since then, we have established a lending library of resources, provided training opportunities to our staff, and we are working to bring additional professional development specifically focused on our school-wide needs related to Autism. If your child has Autism, please feel free to reach out to your case manager for more Autism resources.

CLICK BELOW TO
VIEW MORE INFORMATION

Autism Webinars



AUTISM RESEARCH INSTITUTE

Free Online Webinars

Autism Education for Individuals, Parents and Professionals

Duke CENTER for AUTISM
and BRAIN DEVELOPMENT

2020-2021 AUTISM SPEAKER SERIES

Leading investigators, clinicians,
& practitioners share their latest
research, interventions
& treatments for ASD

All Sessions Free & Online.
Registration Required.

AutismCenter.Duke.edu/Speaker-Series

Upcoming Awareness Dates:

March:

Cerebral Palsy
Awareness Month
Developmental
Disabilities Awareness
Month
Multiple Sclerosis
Awareness Month
March 21st, World Down
Syndrome Day

April

Autism Awareness
Month
April 2nd: Autism
Awareness Day

May:

Mental Health
Awareness Month

{Click images for Links}



ONLINE LEARNING

5 Ways to Support Kids With ADHD During Remote Learning

Virtual Learning Anxiety: How to Help Your Kids

Practical parenting tips you can use to make virtual school a bit better



Virtual Learning & Your Child's Mental Health



For Questions about a 504,
please contact your child's
Counselor:

Lower School:

Aislinn Mayes

Aislinn.Mayes@pinelakeprep.org

Middle School:

Natalie Goodwin

Natalie.Goodwin@pinelakeprep.org

Upper School:

Malinda Sadowski

malinda.sadowski@pinelakeprep.org

Do you have specific topics
that you would like included
in our newsletter?

Email:

kim.eroh@pinelakeprep.org